

Assist in organising menstrual health session

**Project Background:**

The Menstrual Health Awareness Sessions focuses on organising informative sessions to educate girls, boys, and parents about menstrual health. These sessions aim to empower girls to speak up about their menstrual health and provide valuable information to parents and boys to sensitise them.

**Objective of the Project:**

Our goal is to conduct awareness sessions on menstrual health, encourage open dialogue.

**Deliverable:**

1. **Operational assistance:** Volunteers will assist in organising and conducting awareness sessions on menstrual health for girls, boys, and parents. They will encourage girls to speak up, follow up with schools for future sessions, and provide operational assistance throughout the event.

**Event Documentation:** Volunteers will be responsible for documenting each session by capturing photos and videos, and uploading them for further dissemination and sharing.

**Volunteer Profile:**

- **Required skill set:** Individuals who are sensitive towards the topic of menstrual health and empathetic.
- **Required Skill Set:** Proficiency in English, Hindi or Marathi languages, ability to manage operational activities during events.
- **Qualification:** Not applicable
- **Professional Experience:** Not applicable
- **Attributes:** Empathy, sensitivity, willingness to contribute to a meaningful cause, and dedication to ensuring a successful event.

**Project Details:**

- **Time Commitment:** Each session will last for approximately 4 hours.
- **Time Period:** Volunteers may commit to a minimum of 1 day and a maximum of 30 days, depending on their availability and the scheduling of awareness sessions.
- **Type of delivery :** Onsite